

Gather Your Allies

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"Friends open to you new horizons.

The best friend is the one who brings out the best in you."

Target: Top-up Degree, 3-Year Degree and Advanced Diploma Students

This 3-hour workshop will include following topics:

- Identify personal values, character strengths, and weaknesses
- Friendship and personal development
- Friendship and social skills training

Trainer

Dr Herbert CHIU

Senior Lecturer, Humanities & Social Sciences Section, CityU SCOPE

(Certified NLP Trainer, Registered Psychologist HKPS, CityU SCOPE MSc Psychology Course Lead)

Date and Time:	29 October 2021 (Friday), 3:00pm - 6:00pm
Venue:	LI-2301, 2/F, Li Dak Sum Yip Yio Chin Academic Building, City University of Hong Kong
Fee:	Free of Charge
Quota:	20 (on a first come, first served basis)
Medium of Instruction:	Cantonese and English
Online registration link:	www.scope.edu/seminar/213-PD-2
Application Deadline:	26 October 2021

Organizer: Student Development Unit (SDU)

This activity will be counted into the Achiever Award.

