

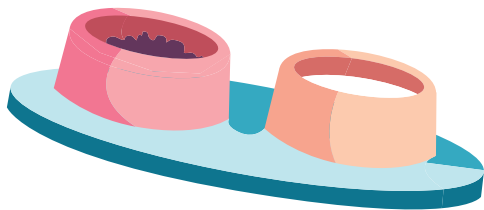
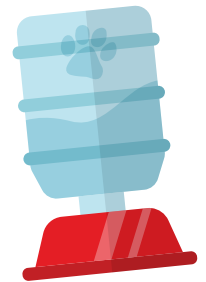
# FLUID THERAPY & NURSING CARE PLANNING SEMINAR

## + Seminar Details

- Date: Day 1: 22 January 2024 (Monday); Day 2: 6 February 2024 (Tuesday)  
 Time: 18:30 – 22:00  
 Venue: CityU SCOPE TST East Learning Centre or Kowloon Tong Campus (To be confirmed)  
 Fee: 1. Veterinary Nurses: HK\$60;  
 2. Students (VetMed & VN): HK\$40;  
 3. Veterinarians: HK\$100;  
 4. CityU ADVN & BVetMed students: Free

Language of instruction: English supplemented with Cantonese

Speakers: Dr **Ava FIRTH**, DVM DAVECC and VN **Eva NG**, RVN BSc(Hons) in Veterinary Nursing



## + Synopsis

This Veterinary Nursing Continuing Professional Education event introduces and promotes the use of the nursing process and a nursing care model to provide systematic and holistic care to veterinary patients, so that we nurse patients as a whole rather than just the disease or conditions they are having. The nursing process consists of a cycle with 5 stages: Assessment, Nursing diagnosis, Plan the care, Implement the care and Evaluation. The model of nursing care discussed is the Ability Model, developed for veterinary nurses by Orpet and Jeffery (2006), adapted from human nursing care models. This model consists of 10 abilities, or activities, of living considered essential requirements for being well and healthy for a veterinary patient. This care model guides nurses to assess a patient systemically and thoroughly for nursing problems, and plan actions (interventions) that need to be taken, so care delivered is individualised and holistic, and does not miss out aspects of care that contribute to the patient's overall welfare, as well as the desired disease outcome.

Dr Ava Firth will first provide us with a focal medical context of oral rehydration, to refresh our learning about the physiology of tissues and fluids in the animal's body. She will discuss with us techniques of oral rehydration therapy and how oral rehydration as a nursing care intervention plays a key role in patient recovery. Dr Firth and Veterinary Nurse Eva Ng will join forces to demonstrate how to apply the nursing process and the Ability model of nursing care to plan care for 'Dinoloasaurus', a 2-year old canine patient presented with nausea and vomiting.

After Day 1, the main event, VN participants are encouraged to try and design their own nursing care plan (using the Ability model) for an actual patient that they encounter, and bring this care plan for a round-table discussion with Eva on Day 2.

Reference: Orpet H, and Jeffery A. 2006. Moving towards a more holistic approach. *Veterinary Nursing Journal* 26(5), 19-21.

Scan to Apply





**Dr Ava FIRTH**

Director of Research and Development at Tonistry

Dr. Ava Firth has practiced as a specialist in emergency and critical care for over 30 years in the USA, Australia and UK. These positions were in both first-line emergency clinics and also 3 different universities at a referral level. Dr. Firth's interest in critical care nutrition led her to develop products focused on early, micro-ental nutrition and hydration for dogs and cats (and pigs!). Currently, Dr. Firth is Director of Research and Development for Tonistry International. She is board-certified by both the American and European Colleges of Veterinary Emergency and Critical Care and is a Member of the Australian and New Zealand College of Veterinary Scientists.



**RVN Eva NG**

Instructor I of Advance Diploma in Veterinary Nursing at CityU SCOPE

Eva attained her BSC(Hons) in Veterinary Nursing, a collaborative programme jointly awarded by the Hong Kong Polytechnic University and Royal Veterinary College, in 2014. She earned her Registered Veterinary Nurse (RVN) status by RCVS UK in 2023. Throughout her clinical career, Eva held various nursing roles in different animal settings, with a particular fondness for working in the hospital ward interacting with patients and theatre nursing. Leveraging her unique combination of clinical and academic experiences, Eva was swiftly recruited in 2016 to teach on the Advanced Diploma in Veterinary nursing programme, offered by SCOPE, CityU. As an experienced veterinary nursing educator, Eva firmly believes continual learning is key to successful patient care.

**+ Rundown**

**22 January 2024**

Time	Activity	Speaker	Mode of Delivery*
18:30 – 18:50	Registration		
18:50 – 19:15	Welcome and introduction to Animal Welfare & Nursing Care	Dr Queeny YUEN	Mixed
19:15 – 19:45	Nursing process and an introduction to nursing care planning using a nursing model (Ability Model)	VN Eva NG	Mixed
19:45 – 20:50	Oral Rehydration Therapy and administration of basic nutrients	Dr Ava FIRTH	Zoom
20:50 – 21:00	Break		
21:00 – 21:40	How to use the Ability Model to create a nursing care plan for 'Dinolasaurus', a gastrointestinal patient	VN Eva NG	Mixed
21:45 – 22:00	Debrief and a word about BYOCP (Bring Your Own Care Plan) for Day 2 round –table discussion	VN Eva NG	Mixed

\* Mixed mode = Face-to-face + Zoom

**6 February 2024**

Time	Activity	Speaker	Mode of Delivery*
19:00 – 20:30	BYOCP (Bring Your Own Care Plan) for round –table discussion	VN Eva NG	Face-to-face

